

# Chez café

Your Neighborhood Family-Owned Café



## Breakfast & Lunch All Day

Coffee    Healthy Snacks    Homemade Treats

Monday	Friday	Dine-In
6:30 a.m.	4:30 p.m.	Drive-Thru
Saturday		Local Delivery
7:00 a.m.	3:30 p.m.	Catering
Sunday		Complimentary WiFi
8:00 a.m.	2:00 p.m.	

1631 South Cypress Road  
Pompano Beach, Florida 33060  
954-933-3453

[chezcafe.coffee](http://chezcafe.coffee)

We would appreciate you leaving us a review on Google Business and Yelp to help us expand our local brand awareness.

# BREAKFAST



## Breakfast Sandwiches

Ask for any breakfast special or customize your own breakfast.

	Bagel	English Muffin, Toast or Croissant
Butter & Jelly	\$2.59	\$4.20
Plain Cream Cheese	\$3.25	\$4.54
Chives, Onions & Cream Cheese	\$3.89	\$4.84
Fresh Veggies & Cream Cheese	\$4.99	\$5.94
✓ Hummus & Fresh Sliced Veggies	\$4.99	\$5.94
Peanut Butter/Nutella	\$3.99	\$4.34
Smoked Salmon	\$8.49	\$9.44
Breakfast Egg Sandwich One egg and cheese	\$4.25	\$5.25
Breakfast Meat, Egg & Cheese Sandwich One egg, choice of meat, and cheese	\$5.25	\$6.25
Breakfast Egg & Avocado Sandwich Two eggs, 2 slices of avocado toast	\$7.99	\$8.94

## Breakfast Paninis & Wraps

Ask for any breakfast special or customize your own breakfast.

Breakfast Panini/Burrito Two eggs, choice of meat, cheese, sautéed peppers and caramelized onions	\$7.45
Breakfast Veggie Panini/Burrito Two eggs, cheddar cheese, sautéed peppers, caramelized onions, tomatoes and avocado	\$7.99

## Sides & Additions

Bagels: plain, wheat, sesame, everything or cinnamon raisin	
Wrap Tortillas: spinach, sundried tomatoes, wheat, white or black bean	
Gluten free tortilla	+\$2.00
Proteins: sausage, turkey sausage fresh ham slice, fresh turkey slice, bacon, roasted pork	
Custom eggs: fried, scrambled	+\$1.00



## Egg Platters & Omelettes

All omelets come with fresh fruit or red potatoe homefries, and toast.

Substitute Egg White	+\$2.00
Two (2) Egg Platter	\$5.99
Two eggs fried or scrambled, slice of toast	
Two (2) Egg Platter with Meat	\$7.99
Two eggs fried or scrambled, meat, slide of toast	
Select a Meat: Sausage, Turkey Sausage, Ham, Turkey Slice, Bacon	
Ham & Cheese Omelette	\$10.95
3 eggs, ham, peppers, cheddar cheese	
Turkey, Bacon & Swiss Cheese Omelette	\$10.95
3 eggs, turkey, bacon, pepper, swiss cheese	
Veggie Omelette	\$10.95
Tomatoes, mushrooms, spinach, peppers	
Build You Own Omelette	\$10.95
Choose from list below 1 meat, 1 cheese (American, Swiss, Cheddar), 1 vegetables	

## Healthy Breakfasts

Açaí Bowl	\$9.99
Served with fresh granola, fresh fruits	
Homemade Greek Yogurt Parfait with Fresh Fruit	\$5.95
Served with fresh granola and fresh fruits	
Oatmeal	\$4.95
Your choice fresh fruits	
Fresh Fruit Salad	\$4.99
Hummus & Veggies	\$7.99

## Quiche

Quiche of the Day	\$5.99
Options may include veggie, ham & cheddar, bacon & brie	

## Kid's Meals

Kid s Milk Shake	\$2.99
Cold or Hot with Steamed Milk	\$1.89
Hot Cocoa made with Milk	\$2.29
Hot Cocoa made with Milk	\$2.99
Smoothie 12oz	\$3.59
Grilled Cheese with American/Cheddar Cheese	\$3.59
Peanut Butter & Jelly Sandwich	\$3.33
Grilled Ham & Cheese	\$5.75
Grilled Turkey & Cheese	\$5.75
Grilled Cheese with Signature Raspberry Sauce	\$4.99

## Sides & Additions

Extra Egg	\$1.00
Egg White	\$2.00
Bacon / Sausage / Turkey Sausage	\$4.00
Fresh Ham/Turkey Slice	\$4.00
Smoked Salmon	\$3.00
Swiss/American/Cheddar Cheese	\$1.75
Mozzerella/Brie/Feta Cheese	\$2.99
Avocado	\$1.20
Home Fries	\$3.50
Peanut Butter	\$1.00
Raisins, Nuts, Cinnamon	\$0.95
Honey / Agave	\$0.50
Vegetables	\$0.75
Hummus	\$1.00



# LUNCH



## Lunch Specials

Select Any 2

\$7.99	\$8.99
Medium Soup	Medium Soup
Half Sandwich	Half Panini
Half Salad	Quiche
Fruit Salad	Fruit Salad

## Grilled Sandwiches

Served with your choice of homemade pasta salad or organic, gluten-free chips.  
You may upgrade your side to a Fresh Fruit Salad or House Salad for \$1.00.

Make it a Cirossant	+\$1.25
Make it a Wrap	+\$1.00
Spinach, Sundried Tomatoes, Wheat, White, Black Bean, Gluten Free	+\$2.00
Ham or Turkey & Cheese Panini	\$8.49
Ham or turkey, cheese (cheddar/swiss) with tomato, lettuce	
✓ Caprese Panini	\$9.49
Fresh mozzarella, tomatoes, and homemade pesto sauce Prosciutto	+\$2.00
✓ Parisian Panini	\$9.79
Brie cheese, caramelized onions, tomato, basil pesto, olive oil with herbs	
Turkey Apple Swiss Panini	\$9.49
Turkey slice, swiss cheese, crispy green apple with our signature raspberry sauce	
Chicken & Cheese Panini	\$9.49
Chicken breast, swiss cheese with lettuce, tomato, and mayo	
Chez Panini	\$10.79
Lettuce, carrot, ham, bacon, cheddar cheese with our signature house recipe raspberry sauce	
Blackened Chicken Panini	\$10.79
Chicken breast, swiss cheese, sautéed peppers, caramelized onions, spicy cajun sauce	
BBQ Chicken Panini	\$10.99
Cheddar cheese, grilled chicken, crispy bacon, BBQ sauce, sautéed onions	
Cuban Panini	\$10.99
Ham, roasted pork, swiss cheese, pickles, honey dijon mustard	
Flatbread Panini	\$10.99
Chicken breast, bacon, pesto sauce, tomato, caramelized onions	

## Sandwiches

Served with your choice of homemade pasta salad or organic, gluten-free chips.  
You may upgrade your side to a Fresh Fruit Salad or House Salad for \$1.00.

Bread Choices: White, Wheat, Rye or Multigrain

Make it a Wrap	+\$1.00
Spinach, sundried tomatoes, wheat, white or black bean, gluten free (+\$2.00)	
BLT	\$8.45
Bacon, lettuce, tomatoes, mayo	
Fresh Sliced Turkey or Ham	\$8.49
Fresh turkey or ham slice, lettuce, tomatoes, mayo	
White Albacore Tuna Salad	\$8.99
Made fresh daily with chives, red onions, lettuce, tomatoes, mayo	
Homemade Chicken Salad	\$8.99
White-meat chicken & crunchy celery, lettuce, tomatoes, mayo	
Almond Chicken Salad	\$8.99
Almond slice, chicken salad, lettuce, tomatoes, mayo	
Triple-Decker Turkey Club	\$10.49
Triple-decker with romaine lettuce, turkey slice, fresh tomato, bacon, mayo	

# Wraps

Served with your choice of homemade pasta salad or organic, gluten-free chips.  
You may upgrade your side to a Fresh Fruit Salad or House Salad for \$1.00.

Tortilla Choices: Spinach, sundried tomatoes, wheat, white, black bean

Gluten Free	+\$2.00
<b>Turkey Pesto Wrap</b>	<b>\$9.49</b>
Turkey, swiss cheese, tomatoes, caramelized onion and basil pesto	
<b>Grilled Chicken Wrap</b>	<b>\$10.49</b>
Grilled chicken with fresh romaine lettuce, tomatoes, and mayo	
<b>Buffalo Chicken Wrap</b>	<b>\$10.49</b>
Grilled chicken with bleu cheese, fresh romaine lettuce, tomatoes, buffalo sauce	
<b>Chicken Caesar Wrap</b>	<b>\$10.49</b>
Grilled chicken, romaine lettuce, shredded parmesan cheese, creamy caesar dressing	
<b>Chicken Salad Wrap</b>	<b>\$10.49</b>
Chicken salad, romaine lettuce, tomatoe	
<b>Tuna Salad Wrap</b>	<b>\$10.69</b>
White albacore tuna salad, lettuce, tomatoes, and balsamic vinaigrette dressing	
<b>Chez Special Wrap</b>	<b>\$10.99</b>
Lettuce, carrots, bell pepper, ham, bacon, cheddar cheese with our signature sauce	
 <b>Vegan Garden Wrap</b>	<b>\$10.99</b>
Romaine heart, organic spinach leaf, crisp bell peppers, carrots, tomatoes, cucumbers, onions, protein-rich chia seeds, and balsamic vinaigrette dressing	
Hummus	+\$1.50

# Salads

All salad served with grilled pita bread or homemade croutons upon your request.

 <b>Chez House Salad</b>	<b>\$7.49</b>
Romaine lettuce, tomatoes, onion, cucumbers	
<b>Chicken or Tuna Salad</b>	<b>\$5.99</b>
Full scoop of tuna or chicken salad on a bed of lettuce with tomato	
 <b>Caesar Salad Salad</b>	<b>\$7.99</b>
Chopped romaine tossed with creamy Caesar dressing, homemade croutons, shredded parmesan cheese	
 <b>Waldorf Salad</b>	<b>\$9.99</b>
Romaine lettuce, organic spinach, walnuts, dried cranberries, green apple, blue cheese	
 <b>Classic Greek Salad</b>	<b>\$9.99</b>
Romaine lettuce, cucumber, tomatoes chunks, kalamata olives, red onions, roasted peppers, lemon vinaigrette, feta cheese	
 <b>Vegan Garden Explosion Salad</b>	<b>\$10.99</b>
Romaine/spinach, red onion, cucumber, carrots, tomato, bell peppers, crisp apple, walnuts, protein-rich chia seeds	
<b>Chef Salad</b>	<b>\$11.99</b>
Romaine heart, tomatoes, carrots, bell peppers, meat (ham/bacon/turkey), cheddar cheese	
 <b>Caprese Salad</b>	<b>\$11.99</b>
Spinach, tomatoes, mozzarella cheese, red roasted pepper, balsalmic vinegrette dressing	
 <b>Create Your Salad</b>	<b>\$9.99</b>
Includes your choice of 4 veggies, 1 cheese, your choice of salad dressing	

## Add to Your Meal

Lettuce/Tomato/Onion	\$0.95
Sauteed Peppers & Onions	\$0.95
Fresh Cucumbers/Spinach/Bell Peppers	\$0.95
American/Cheddar/Swiss Cheese	\$1.75
Prosciutto	\$2.00
Hummus	\$1.50
Avocado	\$1.50
Organic, Gluten-Free Chips	\$1.50
Mozzerella/Brie/Feta Cheese	\$2.00
Homemade Pasta Salad (Medium)	\$2.99
Smoked Salmon	\$4.50
Fresh Grilled Chicken	\$4.00
Albacore White Tuna Salad/Chicken Salad	\$4.00
Fresh Fruit Salad (M)	\$4.99
Croissant	\$1.25



Vegetarian



Vegan

# COFFEE & TEA



## Hot Coffees & Teas

All smoothies come with your choice of regular or skim milk.  
Upgrade to oat, almond, or coconut milk for \$0.95.

Hot Coffee		\$2.34
Hot Tea		\$2.43
Hurricane		\$3.18
Americano		\$4.25
Con Leche		\$5.00
Latte		\$5.00
Cappuccino		\$5.00
Hot Chai Latte		\$5.25
Hot Green Matcha Latte		\$5.25
Mocha		\$5.25
Dark, white, vanilla, hazelnut, or caramel		+\$0.75
Hot Chocolate		\$4.75
Served with whipped cream		
	<b>Single</b>	<b>Double</b>
Espresso Shot	\$2.34	\$2.99
Espresso Machiatto	\$3.25	\$3.75
Cubano	\$2.34	\$2.99
Espresso shot brewed with raw sugar		
Cortado	\$3.25	\$3.75
Espresso shot with steamed milk		

## Iced Coffees & Teas

Extra \$0.95 for no ice.

	M 16oz	L 20oz	XL 32oz
Iced Coffee	\$2.29	\$2.69	\$3.69
Variety of coffee flavors			
Iced Tea	\$2.09	\$2.59	\$3.59
Iced Mocha / White Mocha / Caramel	\$4.50	\$5.75	\$7.49
Iced Latte	\$4.35	\$5.35	\$6.99
Iced Chai	\$4.29	\$4.99	\$6.99
Iced Green Tea Latte	\$4.35	\$5.35	\$6.99
Nor easter	\$3.24	\$3.64	\$4.64
Iced coffee with one shot of espresso			

## Make it your way!

Espresso Shot	\$0.95
Soy, Almond, or Coconut Milk	\$0.95
House Coffee Flavors:	\$0.75
Sugarfree: Caramel, Hazelnut, Vanilla	
Vanilla, Dark Chocolate, White Chocolate, Caramel, Hazelnut	

# TREAT YOURSELF



## Iced Frappuccinos

All smoothies come with your choice of regular or skim milk.  
Upgrade to oat, almond, or coconut milk for \$0.95.

	16oz	20oz	32oz
Chez Frappé	\$4.75	\$5.75	\$7.49
Select vanilla, caramel, white chocolate, or dark chocolate			
Frozen Chai Frappé	\$4.75	\$5.75	\$7.49
Select spiced or vanilla			
Choco Loco Frappé	\$4.55	\$5.45	\$7.29
Peanut butter, banana, and dark chocolate, choice of milk			
Frappé Freddo	\$4.75	\$5.75	\$7.45
Espresso shot	1 shots	2 shots	3 shots
Iced Cappuccino	\$4.35	\$5.35	\$6.99

## Shakes

	16 oz	20 oz	32 oz
Chocolate Shake	\$4.45	\$4.95	\$6.95
Vanilla Shake	\$4.45	\$4.95	\$6.95
Fresh Strawberry Shake	\$4.45	\$4.95	\$6.95
Coffee Shake	\$4.45	\$4.95	\$6.95
Nutella Shake	\$5.50	\$5.95	\$7.50
Cookies & Cream Shake	\$4.45	\$5.25	\$6.95

## Ice Cream

Affogato Ice Cream	\$4.65
Ice cream with one espresso shot	

## Chez Homemade Daily Specials

Ask for daily goods baked!

Pasteries: biscoti, almond, bread pudding, guava & cheese

Cookies: sugar, chocolate chunk, oatmeal raisin, peanut butter, white chocolate macadamia nut

Croissants: plain, almond, chocolate

Muf ns: blueberry, double chocolate, corn

Cakes: cinnamon coffee cake, brownies, bread pudding, banana bread

## Kid's Treats

Kid s Milkshake	\$2.99
Cold or Hot with Steamed Milk	\$1.89
Hot Cocoa made with milk and whipped cream	\$2.29
Smoothie	\$3.59
Hot Chocolate made with milk and whipped cream	\$2.99

# HEALTHY LIFESTYLE



## Fresh Bowls

	Açaí Bowl	\$9.99
	Homemade Greek Yogurt with Fresh Fruit & Granola	\$5.95
	Fresh Fruit Salad	\$4.99
	Oatmeal	\$4.95
	Hummus with Fresh Veggies	\$7.99
	Hummus with fresh vegetables including celery, carrots, and cucumbers	

## Fresh Fruit Smoothies & Juice

All smoothies come with your choice of regular or skim milk.  
Upgrade to oat, almond, or coconut milk for \$0.95.

	Fresh Squeezed Orange Juice	\$4.95-\$5.95		
		16 oz	20 oz	32 oz
	Banana Bonanza	\$3.89	\$4.89	\$6.89
	Banana and milk			
	Blueberry Cream	\$3.99	\$4.99	\$6.99
	Blueberries with half and half cream			
	Heavenly Delicious	\$4.29	\$5.29	\$7.29
	Strawberry and banana			
	Tropical Delight	\$4.29	\$5.29	\$7.29
	Mango and pineapple			
	Very Berry	\$4.49	\$5.49	\$7.49
	Strawberry, cranberry, and blueberry			
	Iron-Man "Kelly"	\$4.79	\$5.79	\$7.79
	Banana, blueberries, and peanut butter			
	Kale-Berry Breeze	\$4.79	\$5.79	\$7.79
	Kale, blueberries, banana, and flax seeds			
	All You Need	\$4.79	\$5.79	\$7.79
	Blueberries, banana, and granola			
	Green	\$5.99	\$6.99	\$8.99
	Kale, organic spinach, avocado, green apple and homemade yogurt			
	Açaí	\$8.89	\$9.99	\$11.99
	Açaí organic pulp, pineapple, mango, blueberries, banana, strawberries, with the choice of milk or granola			
	Green Dream	\$5.99	\$6.99	\$8.99
	Organic spinach avocado, banana, peanut butter, and coconut milk			

## Upgrade Your Smoothie

	Oat, almond, or coconut milk.	\$0.95
	Maca, Spirulina, Chia Seeds, Bee Pollen, Ginkgo	\$0.75
	Whey Protein	\$1.00
	Peanut Butter	\$0.95
	Honey / Agave	\$0.75
	Extra Fruit	\$1.00

**Maca:** Supplies Iron and restores red blood cells. Packed with B, C & E Vitamins, Protein, Calcium, Zinc & natural mood balancer.

**Spirulina:** High in proteins and nutrients, protects the body from stress, regulates digestive acid, promotes a healthy immune system, heart and brain, and healthier skin. Rich in Vitamins B & E, Carotene, Copper, Iron, & Zinc.

**Chia Seed:** Seed full of Fiber, Proteins, Calcium, Phosphorous, Magnesium, Fatty Acid and Antioxidants. Great for hydration absorbing 12 times its weight in water.

**Bee Pollen:** Enhances stamina, regenerates skin cells, clears sinuses, boosts immune system & regulates digestion. Reduces allergies and promotes healthy lungs. Helps maintain asthma, increases fertility and treats addiction.

**Ginkgo:** Used to enhance memory, protect nerves, heart muscles and retinas from damage. Also, Ginkgo reduces risk of Glaucoma, Muscular Degeneration & Dementia.

**Whey Protein:** Reduces risk of cardiovascular disease, high cholesterol and asthma. Provides anti-cancer properties and helps to lower blood pressure; it enhances body weight, build muscle, and maintain energy, when used in accordance with working out.